



Helping kids succeed in school and life for over 50 years!

MSSWA

MINNESOTA SCHOOL SOCIAL WORKERS ASSOCIATION



Minnesota School Social Work Association/COVID-19 Resources

www.msswa.org

<p>Community Resources</p>	<ul style="list-style-type: none"> • <u>Talking to Kids About the Coronavirus</u> • <u>Crisis Text Line</u> • <u>https://suicidepreventionlifeline.org</u> • <u>Minnesota crisis services--by county: Children's mental health crisis response phone numbers</u> • <u>Coronavirus: Multilingual Resources for Schools</u> • <u>School Social Work - Tools, Resources, and Community for School Social Workers</u>
<p>Activities for Families and Students</p>	<ul style="list-style-type: none"> • <u>Here's The Entire List of Education Companies Offering Free Subscriptions Due to School Closings</u> • <u>35 Useful Remote Learning Resources</u> • <u>Amazing Educational Resources</u> • <u>Best Math Websites for the Classroom, As Chosen by Teachers</u> • <u>Distance / Home Learning Packets and Strategies for Special Education</u> • <u>Best Music Apps and Games for Kids</u> • <u>New Kids' TV Shows</u> • <u>50 Books All Kids Should Read Before They're 12</u> • <u>Best Family Movies</u> • <u>Common Sense Selections</u> • <u>Sibling Watch-Together TV</u>

	<ul style="list-style-type: none"> • Best Documentaries for Kids and Families • When everything feels overwhelming, check out tips for taking in rapidly changing news. • De-stress together with meditation apps for kids and families. • Get the blood flowing and elevate the mood with these 25 dance games (you might need to buy a special control from Amazon). • Apps, websites, and video games that inspire running, jumping, and more to stay active. • Don't forget to enjoy a device-free dinner or two.
Supporting Students Mental Health Needs	<ul style="list-style-type: none"> • Responding to Trauma and Tragedy • Health Crisis Resources • Mental Health Support And COVID-19 • Mental Health and Coping During COVID-19 • Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation During an Infectious Disease Outbreak • Headspace for Educators • Educators • Colorfy.com • Calm.com
Serving Students with Special Education Plans	<ul style="list-style-type: none"> • Google Meet • How to Use Google Meet for Video Calls • Second Step • COVID-19 Resources sswaa • COVID-19 Updates • Google Voice Tutorial 2019 - Quick Start

Healthy Habits and Self-Care	<ul style="list-style-type: none">• <u>Coping with Stress During Infectious Disease Outbreaks</u>• <u>Mental Health and Coping During COVID-19</u>• <u>How to practice self-care during coronavirus</u>• <u>Guide to self-care: Coping with coronavirus</u>
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